

VIDA VOLUNTEER

ANNUAL REPORT 2013

PROGRAMS

IMPORTANT CHANGES

SPECIAL PROJECTS

PROGRAMS STATISTICS

FINANCIAL STATEMENT

Celebrating our 5th Anniversary



We recently celebrated our 5th year of providing free health care services to patients with limited financial resources in rural communities in Central America.

For our 5th year anniversary we strengthen our roots by redefining our **Mission, Vision and Values.**

VISION

Healthier communities

MISSION

To positively impact the quality of life in underserved communities while offering volunteers a life changing experience.

CORE VALUES

- Team work: working professionally to achieve our vision
- Caring: showing concern for our communities and taking action for their well-being.
- Accountability: being responsible for our actions and committed to honesty and transparency.
- Passion: loving what we do!
- Diversity: embracing and celebrating our differences.

WHERE WE WORK



OUR PROGRAMS



MEDICAL



VETERINARY



NURSING (MEDICAL)



DENTAL

NURSING PROGRAM:

VIDA hosted our first nursing group with volunteers from Oshkosh University. Our volunteers received a hands-on experience working not only in our regular rural mobile clinics, but also collaborating with local staff at a health center in Nicaragua and in a home for the elderly. They had the opportunity to grow personally and professionally while making a difference through this experience. We believe that knowledge sharing and intercultural experiences enable both local medical

professionals and visiting medical students to grow. This is why VIDA is committed to creating spaces for collaboration between our devoted volunteers and health care professionals while making difference in our communities.



IMPORTANT CHANGES



Spreading healthier smiles across Central America: Through our monitoring and evaluation process we identified that the vast majority of our patients had major cavities – leading to a significant number of tooth extractions.

To better serve our patients VIDA made a **\$6,000** investment in the purchase of three mobile units that will allow us to offer dental fillings to our patients across all three of our operating countries.

Guatemalan families opened their homes to VIDA and our volunteers! We know for a fact that one of the highlights of VIDA trips in Costa Rica and Nicaragua are the homestays. This year for the first time, our volunteers in Guatemala stayed with Mayan host families, living a genuine cultural experience.



We welcome and value feedback! Our volunteers rated our program with a 96% overall rating in Go Overseas, a community driven website that functions as an independent Yelp style site, with ratings and reviews for nearly every available program in the world. VIDA is one of the programs with the highest amount of reviews and ratings.

Farewell Curtis! Our Co-founder Curtis Larsen moved back to the US, moving on from his role in VIDA but leaving behind a lasting footprint in our organization. Sondra Elizondo, Co-founder and current Executive Director will now be based in our office in Florida. She will boost VIDA's awareness in the US, lead fundraising events and support volunteers locally.



We go beyond our clinic work! We support our adopted communities with different projects.



Improved Stoves:

Stoves that reduce the amount of smoke inside homes and that work with much less wood



New Roofs:

Roof replacement at local health facility



Water Tanks

Provided water access to a local health center



Perimeter Walls:

Health Center perimeter wall that assure children's safety



World Rabies Day:

Rabies awareness and prevention workshop for kids



World Rabies Day:

Rabies vaccination campaign



School Playground

Construction of a playground made of recycled tires



Electric Wiring

Electric wiring and lamps for a school



School Fence:

School fence that provides children's safety.

2013 STATISTICS

1,212 VOLUNTEERS



4,840 Large Animals



4,365 Small Animals

1,703 Spays/Neuters

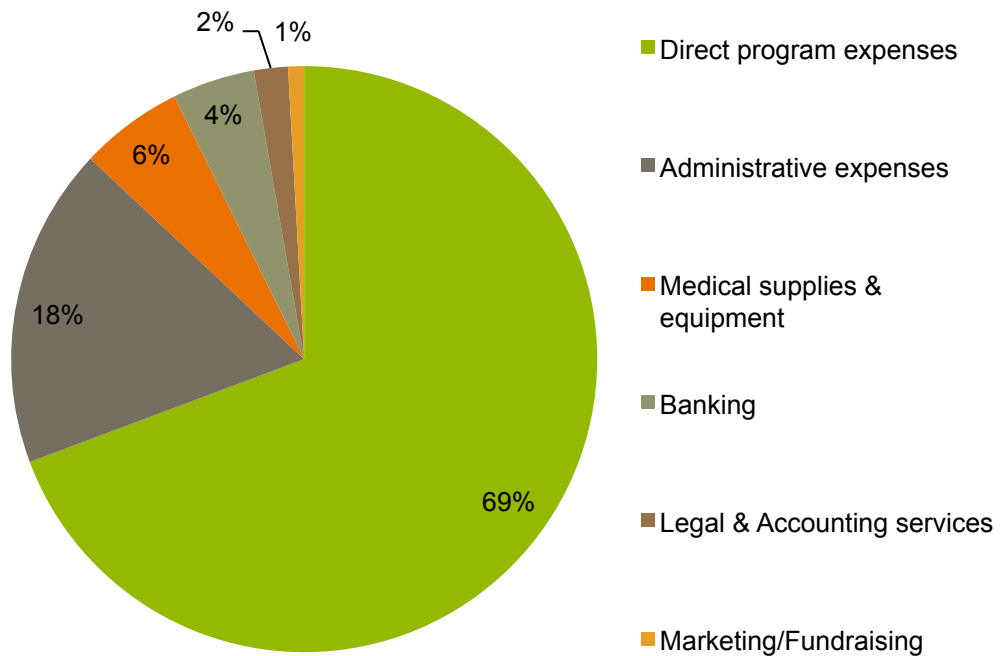


17,065

HUMAN PATIENTS

VIDA 2013 EXPENSES

2013- Revenue – Total Amount	\$1,953,217.79
Direct program expenses	\$1,353,403.67
Administrative expenses	\$345,773.90
Medical supplies & equipment	\$111,313.95
Banking	\$88,829.15
Legal & Accounting services	\$36,670.45
Marketing/Fundraising	\$17,226.67



Thank you!

To all who made all this possible:

5,000+ Volunteers

(Since 2008)

VIDA Staff ♦ Community Members

Board Members:

Sondra Elizondo – President • Jeff Ackerman – Treasurer • Lois Bonasera – Vice-President • Alison Reinarz – Secretary



Thank You For Your Support!